Morriston Comprehensive School
Ysgol Gyfun Treforys
inspire · engage · achieve

Morriston Comprehensive

e-safety guide + Acceptable user agreement

Morriston Comprehensive School
Ysgol Gyfun Treforys
inspire • engage • achieve

Internet Access and e-Safety at school

Dear Parents and Carers,

Morriston School prides itself on the ICT facilities that the school offers to its pupils. Investments in infrastructure and devices have taken place to expand the access to ICT to pupils across the school.

Pupils are encouraged to use the ICT equipment to support their studies and we feel that it is an essential part of education in the 21st century. There is much evidence that suggests that pupils benefit greatly in their education when ICT is utilised to support their learning.

Our Internet filtering software at the school is to ensure that your child can access valuable resources on the Internet safely, and we inform all pupils of the issues and dangers of Internet access both at home and in school.

In order to promote e-Safety, we are obliged to publish a set of clear rules for pupils whom both they and you agree to.

I am sure that by reading and understanding the enclosed, your child will use the facilities provided by the school in a responsible and safe manner. I also trust that you will support this policy through role modelling and would be grateful if you would take a moment to read the enclosed information booklet, which may help you with understanding some of the issues affecting the safe use of the Internet. I would like to thank you for your support with this important issue.

Yours faithfully,

C Richmond.

C. Richmond
Deputy Headteacher

The school may exercise its right to monitor the use of the school's computer systems, including access to web-sites, the interception of e-mail and the deletion of inappropriate materials where it believes unauthorised use of the school's computer system may be taking place, or the system may be being used for criminal purposes or for storing unauthorised or unlawful text, imagery or other media.

Pupil e-Safety and Acceptable user agreement

These e-Safety Rules help to protect students and the school by describing acceptable and unacceptable computer use and form part of our acceptable user agreement (AUA).

For my own personal safety in school:

- I will keep my username and password safe and secure and never use anyone else's
- I will not share personal information about myself or others when online (this could include names, addresses, email addresses, telephone numbers, age, gender, educational details, etc.)
- I will immediately report any unpleasant or inappropriate material or messages or anything that makes me feel uncomfortable when I see it online
- I will not use my personal mobile or mobile technology (including headphones) on school site at any time during the school day

I understand that everyone has equal rights to use technology as a resource and:

- I understand that the school systems and devices are intended for educational use only

I will act as I expect others to act toward me:

- I will respect others' work and property and will not access, copy, remove or alter any other user's files.
- I will be polite and responsible when I communicate with others, I will not use strong, aggressive or inappropriate language and I appreciate that others may have different opinions
- I understand that I will be disciplined if I fail to follow this user agreement

I recognise that the school has a responsibility to maintain the security and integrity of the technology it offers me and to ensure the smooth running of the school:

- I will not try to upload, download or access any materials which are illegal or inappropriate or may cause harm or distress to others
- I will not try to use any programmes, software or websites that might allow me to bypass the filtering/security systems in place to prevent access to such materials
- I will immediately report any damage or faults involving equipment or software, however this may have happened
- I will only open hyperlinks in emails or attachments to emails, if I know and trust the person/organisation who sent the email, and have no concerns about the validity of the email
- I will not install/ store programmes on a school/college device.
- I will not use social media sites with school devices with exception of the school website.

When using the internet for research or recreation, I recognise that:

- I should ensure that I have permission to use the original work of others in my own work
- Where work is protected by copyright, I will not try to download copies (including music and videos)

The school may exercise its right to monitor the use of the school's computer systems, including access to web-sites, the interception of e-mail and the deletion of inappropriate materials where it believes unauthorised use of the school's computer system may be taking place, or the system may be being used for criminal purposes or for storing unauthorised or unlawful text, imagery or other media.

Parent/Carer, a guide to your child's digital world

'My kids know more about the internet than I do...'

What are kids doing?

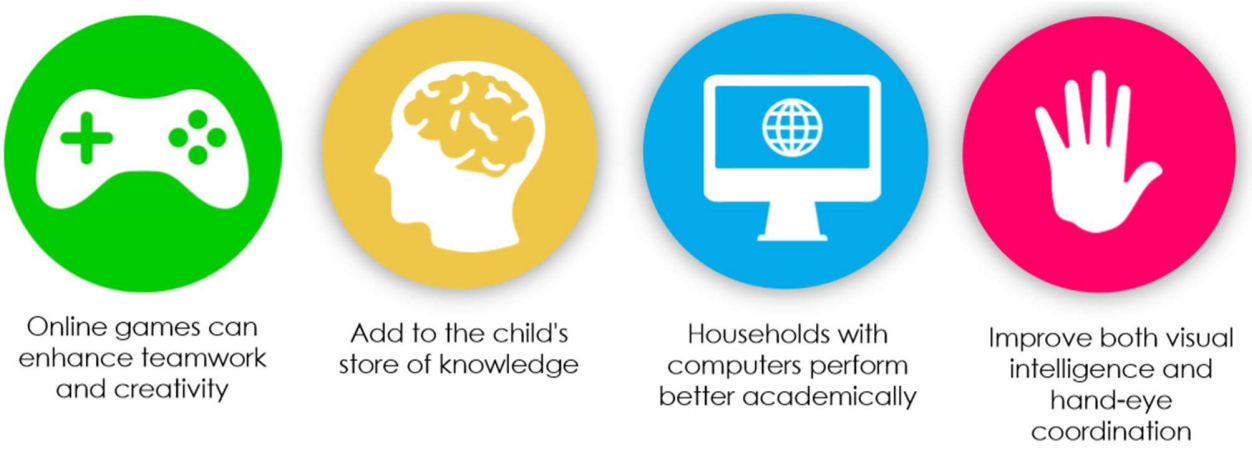
Nearly half of teens spend over 3 hours a day online. This time is spent chatting to friends, watching music or prank videos, playing multi-player games and creating their own content online.

Beyond the school's gates there is added pressure to stay connected to continue conversations with friends and present the best version of themselves to fit in or gain popularity. Although research shows that this is the age where parental guidance decreases, for teens it is the time when they most need it as research also shows that teens are much more likely to face risky situations online at 15 than they are at 14.*

The school will try to ensure that *learners* will have good access to digital technologies to enhance their learning and will, in return, expect the *learners* to agree to be responsible users.

With an increase in interactions and time spent online research shows that there is a relationship between this and their emotional wellbeing.

There are lots of positives……



Research shows the outcomes for children are better if they benefit from connected technology (EU Kids Online)

* Source: Suffolk Cybersurvey 2017 that parents and carers are aware of the importance of online safety and are involved in the education and guidance of young people with regard to their online behaviour.

But technology can negatively affect children's development…

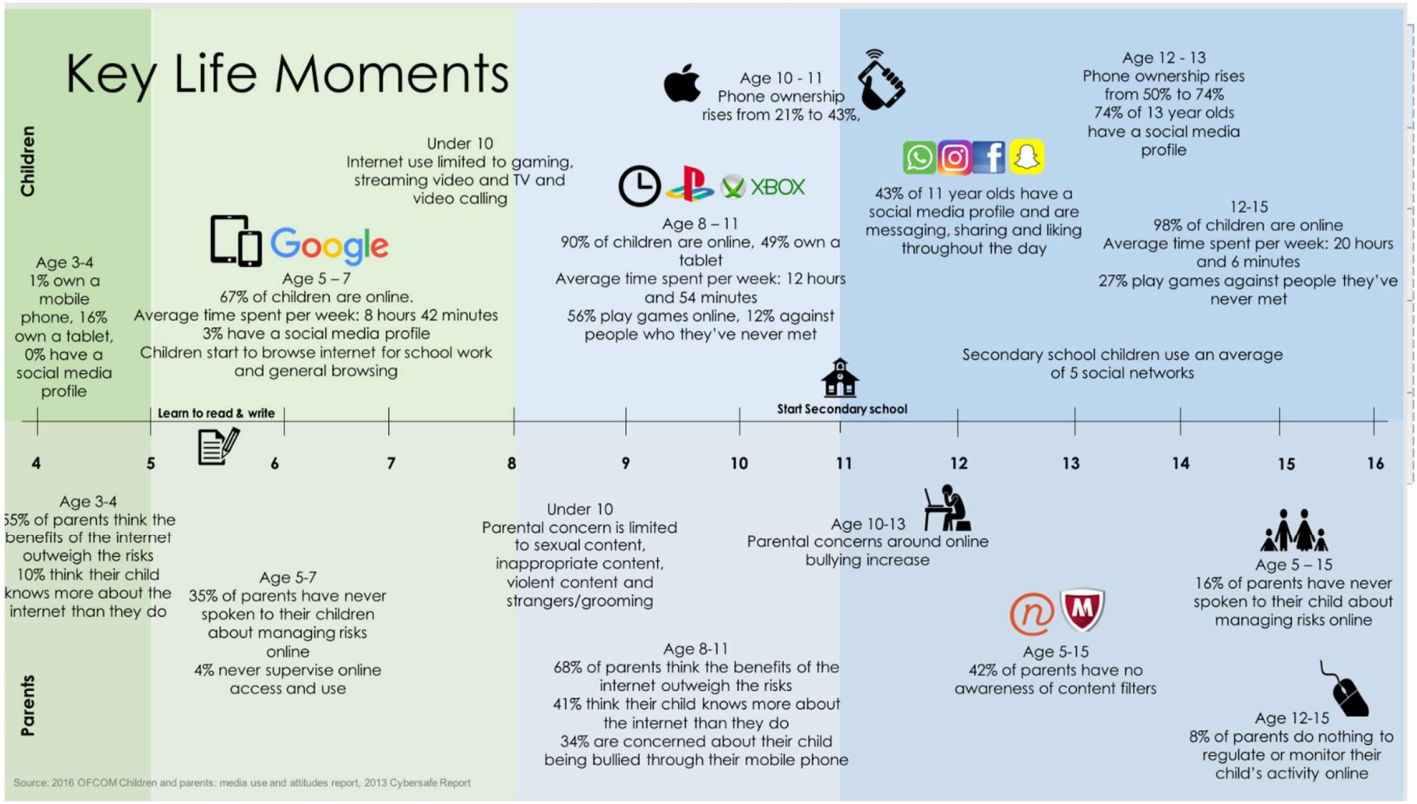
- Sleep cycles are affected by blue light from screens
- Screen-based entertainment increases central nervous system arousal
- Millennials are more forgetful than OAP's

The school may exercise its right to monitor the use of the school's computer systems, including access to web-sites, the interception of e-mail and the deletion of inappropriate materials where it believes unauthorised use of the school's computer system may be taking place, or the system may be being used for criminal purposes or for storing unauthorised or unlawful text, imagery or other media.

Heavy online users are:

- more likely to feel depressed and develop mental health issues
- can find it harder to concentrate than those who spend less time online

One study found that the more distracted you are the less able you are to experience empathy



These are of course risks.

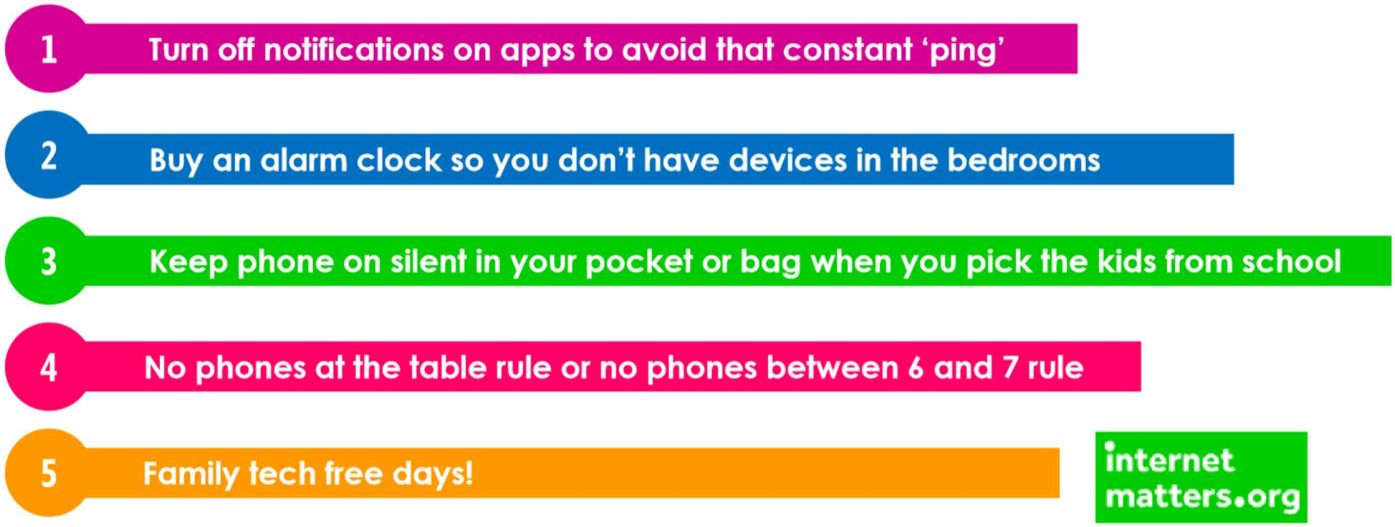
Risk is not harm.

Positive action can limit risks becoming harmful.

The school may exercise its right to monitor the use of the school's computer systems, including access to web-sites, the interception of e-mail and the deletion of inappropriate materials where it believes unauthorised use of the school's computer system may be taking place, or the system may be being used for criminal purposes or for storing unauthorised or unlawful text, imagery or other media.

Controlling tech time

Your children will be watching the way **you** use technology and they will copy; make sure there is some consistency in how you **role model** good behavior:



And there are tactics you can put in place to help manage their screen time:

1. Set a good example
2. Talk together about the time spent online
3. Agree on appropriate length of time they can use their device
4. Get the whole family to unplug and create screen free zones
5. Use technology/apps to help manage screen time eg Forest App

Further information and advice can be found at:

www.Intermatters.org

www.Net-aware.org.uk

The school may exercise its right to monitor the use of the school's computer systems, including access to web-sites, the interception of e-mail and the deletion of inappropriate materials where it believes unauthorised use of the school's computer system may be taking place, or the system may be being used for criminal purposes or for storing unauthorised or unlawful text, imagery or other media.

Morriston Comprehensive School
Ysgol Gyfun Treforys
inspire · engage · achieve

Parent e-Safety advice and Acceptable user agreement

- The School Twitter account is for information only. It is not a vehicle for opinion or abusive comments.
- Please be aware that there is a minimum age of 13 to set up a Facebook account. Other sites may also have a minimum age.
- All users are advised to keep their profiles locked down when using social media.
- Refrain from posting messages and language that would not be spoken face to face.
- We would advise against using social media when drinking or under the influence.
- It is advisable that parents are friends with their children's Facebook/Instagram/SnapChat account. This is not a breach of privacy as these media do have the ability to send private messages.
- If your child considers posting anything that they would not want you to read, questions should be asked.
- Parents should consider carefully the amount of data they post about their children on their own media accounts, including photos.
- Please be aware that if you post pictures or information about others without permission you are opening yourself to possible legal action.
- Parents should be aware that access to the internet is also available through IPods, games consoles, smart TV and Phones.
- Research shows that the use of ICT screens late at night does impede the quality and length of sleep. Therefore we would advise parents to guard against this.
- If any parent or child experiences anything they are concerned with they should report it via CEOP immediately. The link is available through the school website.
- Members of staff at the school should only be contacted directly by parents through e-mail by mutual agreement.
- Please be advised that it is NOT the school's responsibility to deal with issues that arise from students abusing each other through misuse of school media outside of school.
- We will post advice and guidance about e-safety and digital issues periodically on the school website.
- If parents have concerns they should speak to their child about acceptable use and contact the police.

The school may exercise its right to monitor the use of the school's computer systems, including access to web-sites, the interception of e-mail and the deletion of inappropriate materials where it believes unauthorised use of the school's computer system may be taking place, or the system may be being used for criminal purposes or for storing unauthorised or unlawful text, imagery or other media.